



**Constance Lake First Nation  
Community Profile**

PTO: Nishnawbe-Aski Nation  
TC: Matawa First Nations Management

Population: 1464  
On Reserve: 717      Off Reserve: 747



**ACCESSIBILITY**

Accessible by	YES	NO
Road	X	
Road – Winter	X	
Air		X
Boat		X

Constance Lake First Nation (CLFN) is located about 42 kilometres west of Hearst in northern Ontario which is where the nearest airport & Greyhound bus station is located.

**CONTACT INFORMATION**

Constance Lake First Nation  
P.O. Box 4000  
Calstock, ON P0L 1B0

Phone: 1-(705) 463-4511  
Fax: 1 (705) 463-2222

**OVERVIEW**



**LANGUAGES**

Linguistic Affiliation: English  
Mother Tongue: Cree and Ojibway

**GOVERNANCE**

Election System	YES	NO
Custom electoral	X	
Quorum	X	
Term of office: 2 years		

**ELECTORAL RIDINGS**

- (F) Cochrane - Superior
- (P) Cochrane North

**BAND OFFICIAL INFORMATION**

<b>CHIEF AND COUNCIL</b>	<b>PORTFOLIO</b>
CHIEF	<ul style="list-style-type: none"> <li>• Negotiations</li> <li>• Self-Government</li> <li>• Chief’s Meetings</li> <li>• Treaty Rights</li> <li>• NAN &amp; Matawa Tribal Council&amp; Union of Ontario Indians &amp; AFN</li> </ul>
COUNCILLOR	<ul style="list-style-type: none"> <li>• Education, Day Care</li> <li>• Finance</li> <li>• Administration</li> </ul>
COUNCILLOR	<p>Economic Development – Tree planting, Forest Fighting, Short &amp; Long-term Study, Tourist camps, Employment, Shekak dam Environmental</p> <ul style="list-style-type: none"> <li>• Lands &amp; Resources</li> <li>• Affiliated with Weekoban, Amik Logging and Eagles Earth</li> </ul>
COUNCILLOR	<ul style="list-style-type: none"> <li>• Utilities – Roads, Water &amp; Sewer, Hydrants, Pump House, Lagoon, Hydro</li> <li>• Building Maintenance</li> <li>• Infrastructure</li> <li>• Environmental</li> </ul>
COUNCILLOR	<ul style="list-style-type: none"> <li>• Policing – By-Laws, Constables, Peacekeepers, Canadian Rangers, Crisis Team, First Response Team, Fire Protection</li> </ul>
COUNCILLOR	<ul style="list-style-type: none"> <li>• Housing – CMHC, Renovations, New Units, Housing Policy (Demo)</li> <li>• Recreation – Complex, Fundraising, Youth, Radio Station</li> </ul>
COUNCILLOR	<ul style="list-style-type: none"> <li>• Social Development – Child &amp; Family</li> <li>• Social Services, Health, Cultural Committee, Elders</li> </ul>

**BAND STAFF**

Phone: 1-(705) 463-4511

<b>TITLE</b>	<b>EXT</b>
Chief	# 234
Acting Executive Director	# 232
Finance Manager	# 242
Financial Advisor	# 231
Finance Payroll Clerk	# 226
Finance Accounts Payable	# 224
Finance Clerk	# 238
Council Recorder	# 225
Capital Projects/Housing Manager	# 228
Housing Assistant	# 223
In-House Legal Counsel	# 241

**COMMUNITY INFRASTRUCTURE**

<b>BASIC</b>	<b>YES</b>	<b>NO</b>
Electricity	ON Hydro	

Water	CLFN	
Sewage	CLFN	
Waste Disposal	CLFN	
<b>COMMUNICATIONS</b>		
Canada Post	X	
Telephone	X	
Newspapers		
Wawatay Newspaper	X	
Television	X	
Radio Stations	X	
- Wawatay radio		
Internet via satellite	X	
<b>TRANSPORTATION</b>		
Greyhound Bus Lines	<b>See Note Below</b>	

Greyhound bus lines run every Monday, Thursday, & Saturday from Thunder Bay to Hearst @ 9:30 pm respectively.

Greyhound bus lines run from Hearst to Thunder Bay every Tuesday, Friday, & Sunday @ 4:15 pm respectively.

**COMMUNITY RECREATION FACILITIES**

Recreation Facilities	YES	NO	COMMENTS
Arena	X		Outdoor / real ice
Community Hall	X		
Playground	X		
Gymnasium	X		Fee required
Sports Field	X		On school grounds – baseball/soccer/basketball Good condition
Pow-Wow Grounds	X		
Recreation Trails		X	
Beach		X	



**CLFN Community Complex**

**EDUCATION**

Constance Lake Education Authority  
Mamawmatawa Holistic Education Centre

Address:

2 Musko Street

**Postal Address:**

P.O. Box 5000  
Constance Lake Education Authority  
Calstock, ON P0L 1B0  
Phone: (705) 463-1199  
Fax: (705) 463-2077  
Website: www.cln.on.ca

The Constance Lake Education Authority mission is “The education of our children is our most cherished responsibility; we want to renew and revitalize the dignity of and harmony among our people. We feel this will provide guidance in strengthening the relationships between elders and our youth. It is through education that we as First Nations people will rise once again to self-sufficiency, both individually and collectively. It is also through education that our children will be provided with a strong sense of positive identity as First Nations people.”

**Board Members**

Name:	Phone Number
Chair	463-2149
Member	No phone
Vice Chair	463-1007
Member	463-1054
Vacant	

- Enable students who had difficulty adapting to the regular school setting, for a variety of reasons, the opportunity to pursue their studies so that they obtain the interpersonal and academic skills to return to the mainstream of education;
- To provide educational opportunities to adult learners who want to upgrade their academic and technological skills, and to take credited courses towards the completion of their Ontario Secondary School Diploma.

**Constance Lake Education Authority Staff List**

Phone: (705) 463-1199

NAME	TITLE
Ext. 115	Education Administrator
Ext. 116	Administrative Assistant
Ext. 112	Acting General Accountant
Ext. 113	Acting Accounting Assistant
Ext. 117	Principal
Ext. 119	School Secretary/Librarian
Ext. 130	Lead Custodian
Ext. 130	Custodian
Ext. 130	Custodian

**Alternative Education Centre Program**



This program was established to:

**Alternative Education Centre Program Services**

Program	Description
Day Program	<ul style="list-style-type: none"> <li>• Independent learning courses (grades 9-12)</li> <li>• In-class courses;</li> <li>• Computer-based programming</li> <li>• Counseling services;</li> <li>• One on one learning and support</li> </ul>
Continuing Education	<ul style="list-style-type: none"> <li>• In-class courses on –site</li> <li>• Independent learning courses;</li> <li>• Computer-based programming;</li> <li>• Evaluation of students’ transcripts (courses needed to complete OSSD)</li> <li>• Distance education courses (Contact North);</li> <li>• Training (updating &amp; upgrading) and credited courses by Colleges &amp; Universities.</li> </ul>
Educational and Computer Resources	<p>In order for students/learners to be successful in this alternative mode of educational delivery, students/learners will have to:</p> <ul style="list-style-type: none"> <li>• Attend the CLFNAEC every school day;</li> <li>• Complete all assignments/tasks as per their individualized program;</li> <li>• Ask for help when needed (counseling, academic support, guidance, tutorial, etc.);</li> <li>• Set goals that address the barriers of integration in a regular school setting;</li> <li>• Work at developing a positive self-image and confidence;</li> </ul>

	<ul style="list-style-type: none"> <li>• Develop interpersonal and independent learning skills;</li> <li>• Be motivated and committed;</li> <li>• Be open to an alternative way of learning;</li> <li>• Be able to reintegrate the regular school program once the individualized educational program is successfully completed;</li> <li>• Be respectful of others and their learning needs/space.</li> </ul>
Registration	For more information on the program and registration, please communicate with the personnel at the CLFNAEC.

Under the Tuition Agreement, First Nation students have access to special needs and cultural programs.

Principle  
 Phone: 1-705-463-1199  
 Fax: 1-705-463-2077



**Postsecondary Student Support Program**

To promote, encourage, and support Constance Lake First Nation members to achieve their post secondary educational goals in the hope that its membership may contribute to the realization of self-reliance in governing their community.

For more information regarding this program please contact:

Secretary / Receptionist  
 Phone: 1-705-463-1199 ext. # 116  
 Fax: 1-705-463-2077

**Adult Education and Training**

Adult Education and Training Coordinator  
 Phone: 1-705-463-2303  
 Fax: 1-705-463-2122  
 E-mail: neegank@clfn.on.ca

**Grade 6 to 12 Education**

The Constance Lake Education Authority has a Tuition Agreement with the District School Board Ontario North-East Region to provide educational services to its students. First Nation Students travel approximately 40km by bus to the Hearst community.

Elementary school education is provided at the Clayton Brown Public School for grades 6 to 8. Secondary school education is provided by Hearst High School.

**Grades 1-5 Resource Centre**

**Little Lambs Gathering Day Care Centre  
 Mananstaneshuk Mamo Kapshewin**

The purpose of the Centre is:

- To provide care when parent(s)/guardian is/are working.
- To provide care when parent(s) are enrolled in education or training programs.
- To provide children with opportunities to participate in experiences that stimulate physical, intellectual and emotional development, promote personal competence, and develop social skills through interaction with other children and adults.
- To provide children who have special needs with the opportunity.

**Day Care Centre Staff**

Title
E.C.E. Teacher
Cook
Custodian

Administrator
Preschool
JK Teacher – half time

**HEALTH**

Jane Mattinas Health Centre  
 Constance Lake First Nation  
 P.O. Box 4000  
 Calstock, Ontario, P0L 1B0

Phone: 705-463-2155  
 Fax: 705-463-2400  
 Email: jmhc@clfn.on.ca Website: www.clfn.on.ca

**Services offered at the JMHC**

- Mental Health Counsellors – monthly
- Monthly Diabetic Clinic
- Dentists / Hygienist visit – weekly
- Foot-Care – monthly
- Immunizations
- Walk-in Blood Pressure / Sugar Checks
- Elders Home Visits
- Schedule & coordinate out of town special medical treatment
- Medical Van Services
- Making Dr.'s appointments for clients with no phones between the hours of 9-10 am and 1-2 pm
- Regular and after hours trips to see Health Professionals in Hearst –daily
- Pre-natal Classes
- Pre-natal Nutrition Program: every Friday come to get weight and blood pressure checked and receive a small bag of nutritional food
- Post-natal home visits

**JMHC Staff List**

Phone: 705-463-2155

TITLE	EXT #
Health Director	36
Home & Community Care Case Manager	28
Administrative Assistant	23
Community Health Nurse	27
Community Health Nurse	

	27
Prevention Worker/Community Health Representative	25
Community Health Representative	29
Healthy Babies/Healthy Children & FASD	57
Healthy Babies/Healthy Children & FASD Assistant	58
NNADAP / Drug & Alcohol	24
Diabetes Educator	29
Crisis Intervention Worker /Band Representative	26
Community Wellness / Mental Health Worker	22
Clerk	31

**Matawa Employment & Training**

Matawa Employment & Training (MET) is a new division of Matawa First Nations Management. Located at the Matawa First Nations Management office in Thunder Bay, our goal is to help Matawa First Nation people of all ages to achieve their personal career goals through improved access to employment and training initiatives.

233 South Court Street  
 Thunder Bay, ON  
 P7B 2X9  
 Phone: 807-344-4575  
 Toll Free: 1-800-463-2249  
 Fax: 807-344-2977

Program Administrator / Coordinator

Community Development

Program Assistant

**JUSTICE SECTOR**

**Nishnawbe-Aski Police Service North East Region**

- NAPS is the largest First Nations police service in Canada

## Constance Lake First Nation Community Profile

- NAPS is the 2<sup>nd</sup> largest First Nations police service in North America
- NAPS polices 35 communities across the NAN territory which encompasses nearly 2/3 of the Province of Ontario. Thunder Bay to Hudson's Bay; Manitoba to Quebec.
- NAPS' officers are sworn Constables with authority throughout the Province of Ontario.
- There are several tribal affiliations within NAN which result in 3 distinct languages including: Ojibwe, Oji-Cree and Cree.
- NAPS has operation linkages to federal, provincial and municipal police services

2/11/2014

Bannock House-----	1-705-463-2455
Contact North-----	1-705-463-2333
Crafts & Things-----	1-705-463-1125
Fowler Construction-----	1-705-463-2020
Hearst Air Service-----	1-705-463-5700
	1-705-362-5700
Lecours Lumber-----	1-705-463-3516
	1-705-362-4368
Mammammatta Camps-----	1-705-463-1120
Nagagami Outfitters-----	1-705-463-4548
Norm's Gas Bar-----	1-705-463-2203
Weekoban Inc.-----	1-705-463-1120

### Contact Information

CLFN Police Department  
20 Roger's Road  
Phone: 705-463-3331

### FIRE DEPARTMENT

Constance Lake also has a Fire Station that has volunteer fire fighters and is managed by the Jane Mattinas Health Centre

### Contact Information

CLFN Fire department  
19 Nes-Qua St.  
Phone: 705-463-2200

### Other Services

CLFN Ontario Works  
3 Nes-Qua St.  
Phone 705-463-1077  
Edith Moore – OW Administrator

Kunuwanimano Child & Family Services  
3 Nes-Qua St.  
Phone: 705-463-2225

### BUSINESS DIRECTORY

A&J Sutherland General Store-----1-705-463-3131  
Algonquin Power-----1-705-463-2480